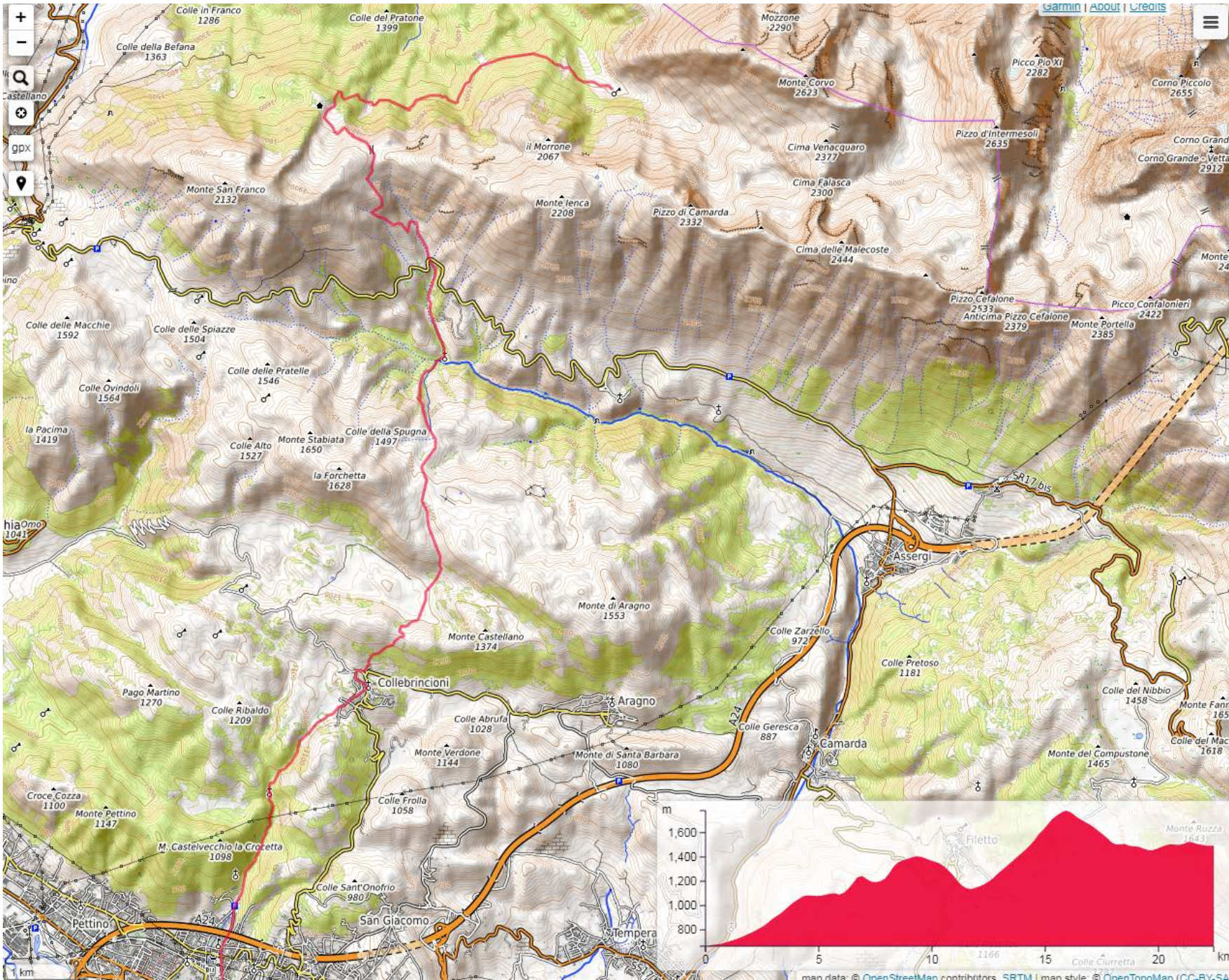
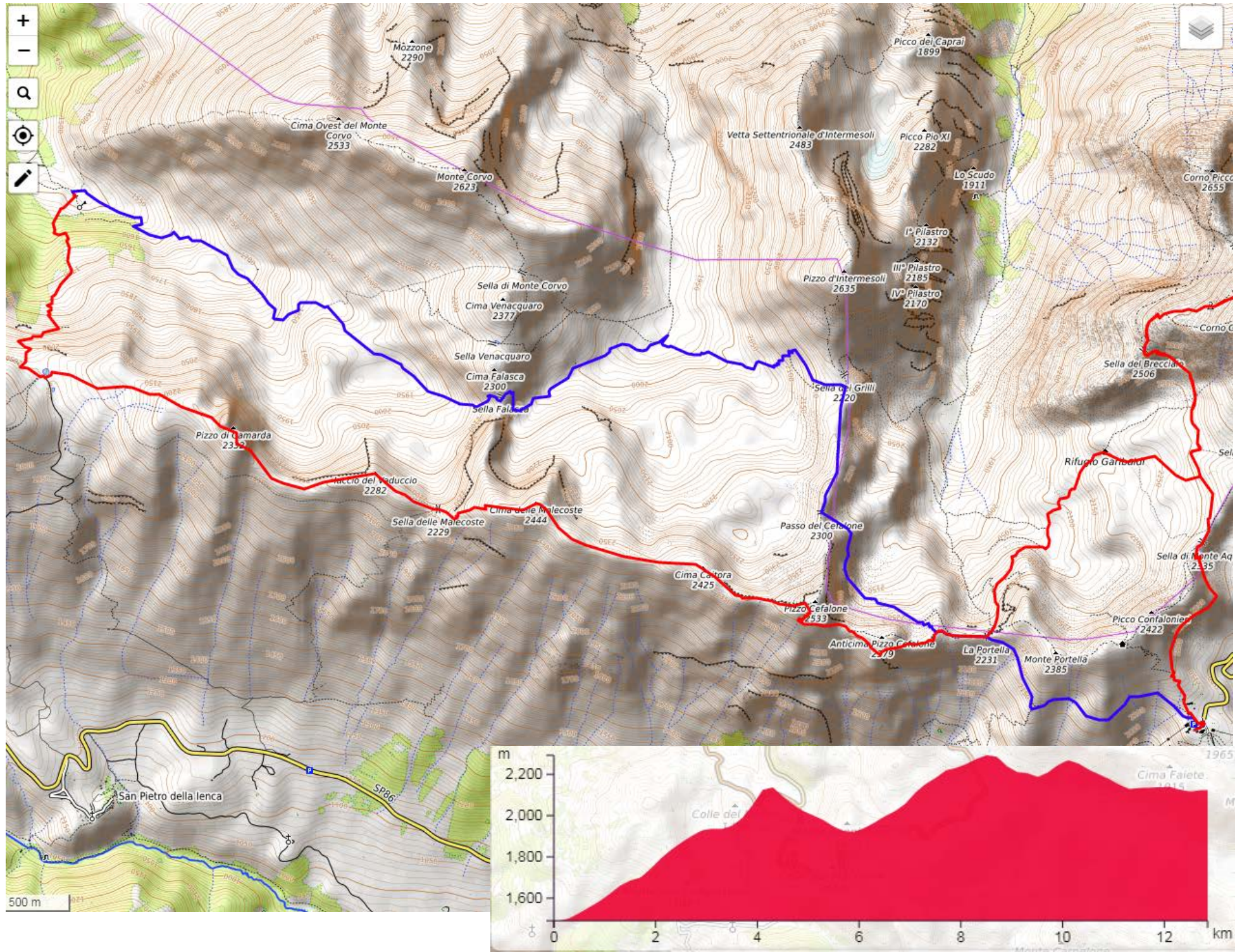


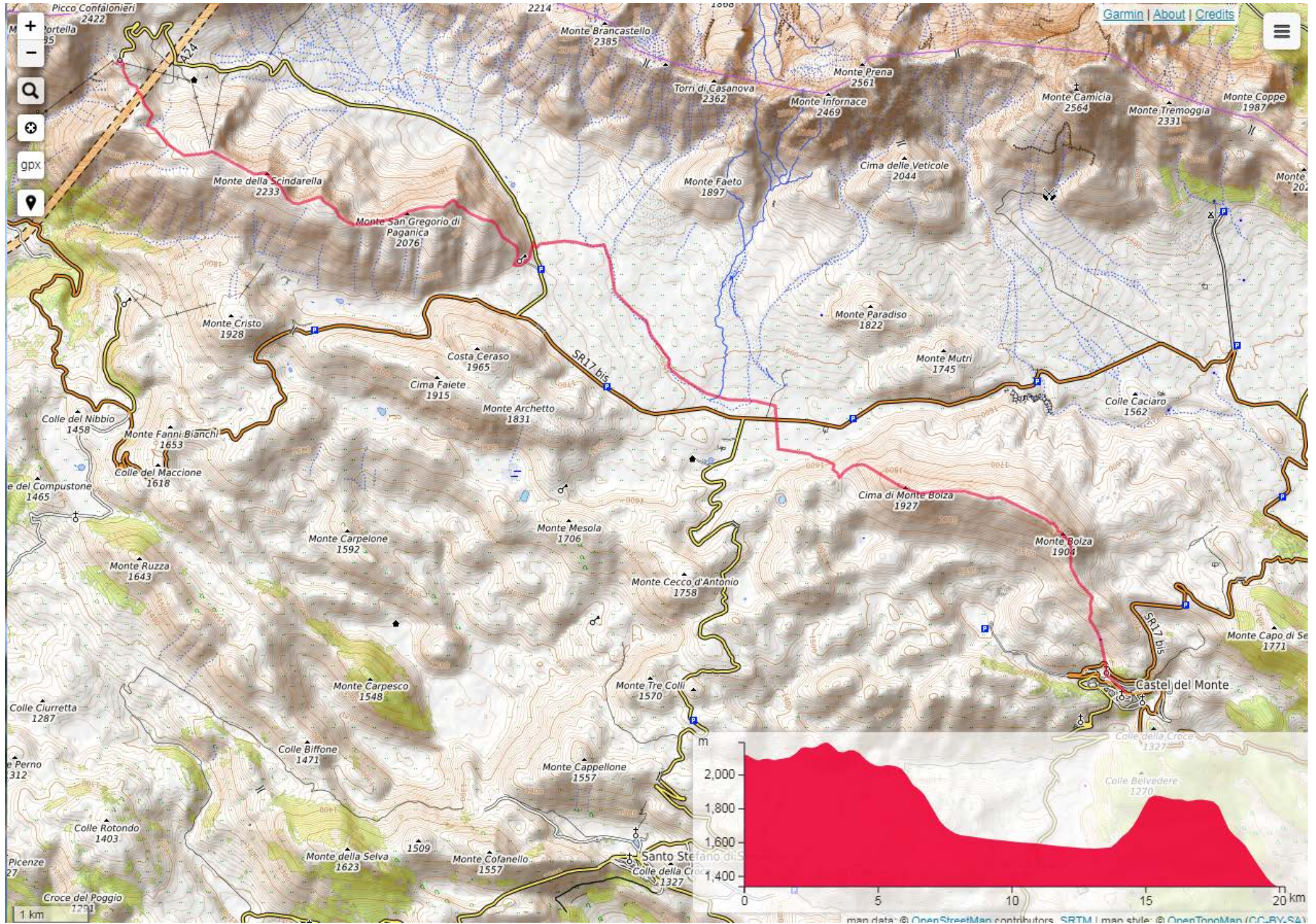
# Día 1: L'Aquila - Ref Fioretti 23kms +1570m/-740m



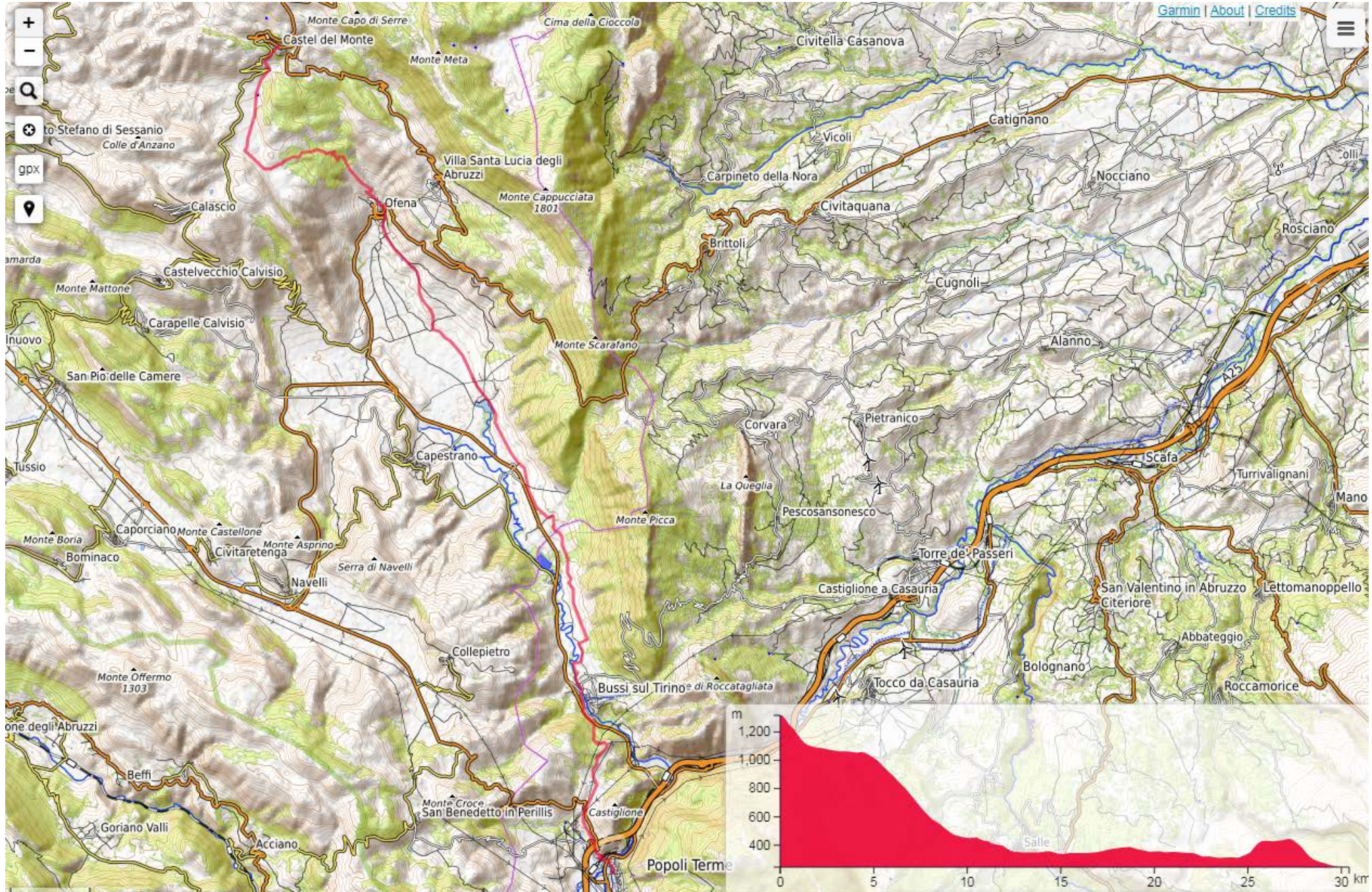
## Día 2: Ref Fioretti - Campo Imperatore 13kms +1200m/-550m



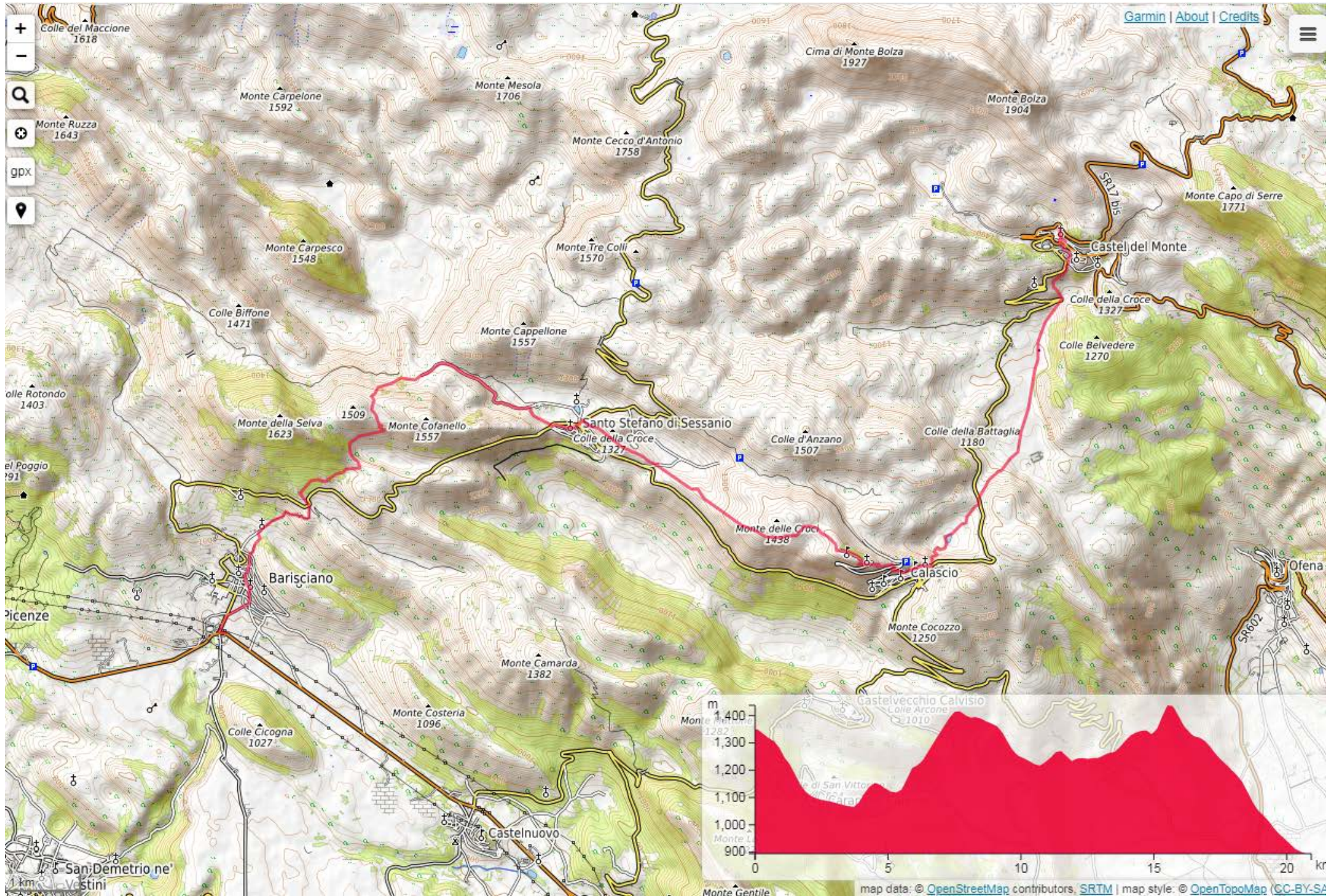
# Día 3: Campo Imperatore - Castel del Monte 20kms +500/-1300m



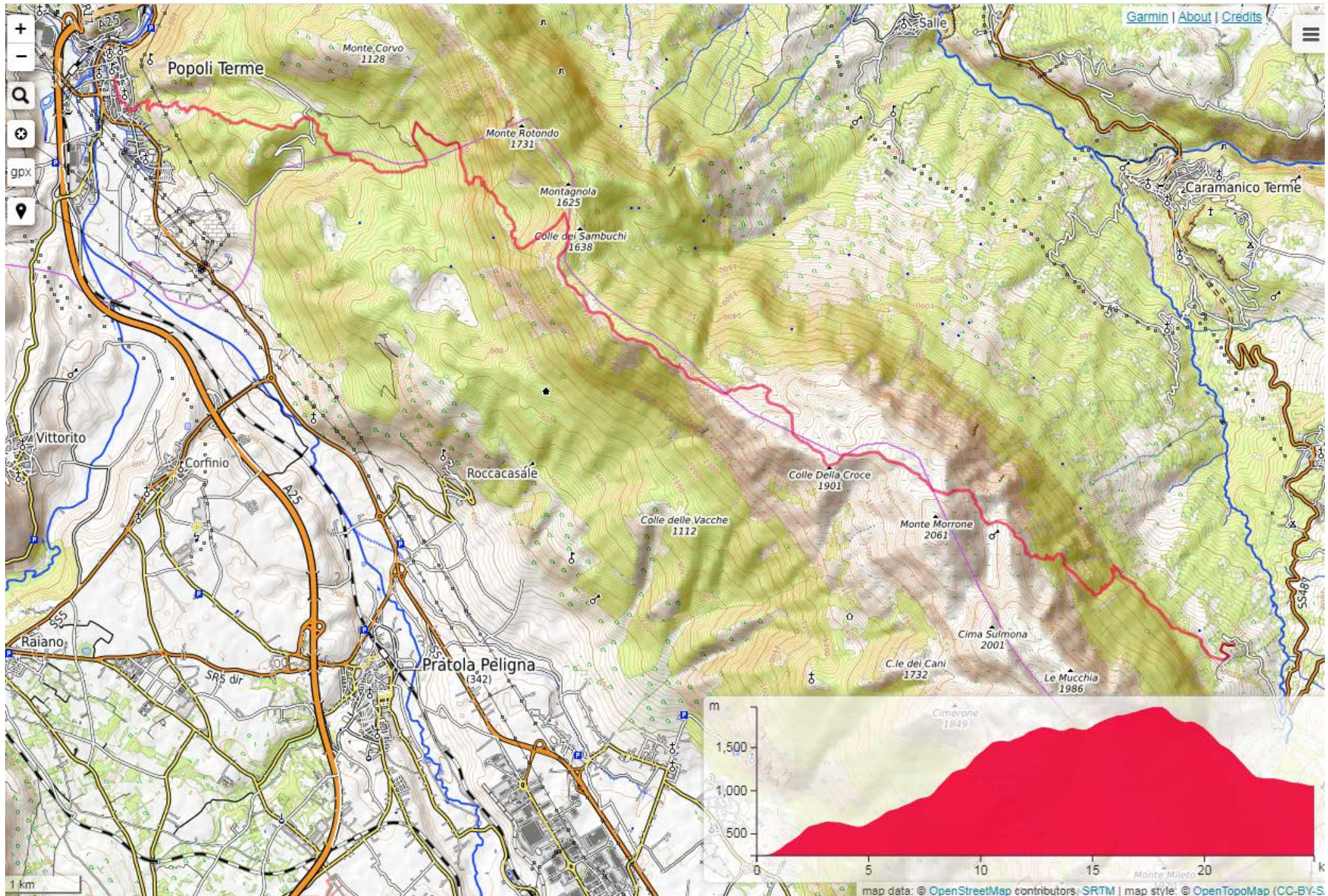
# Día 4(1): Castel del Monte - Popoli 31kms +240/-1320m



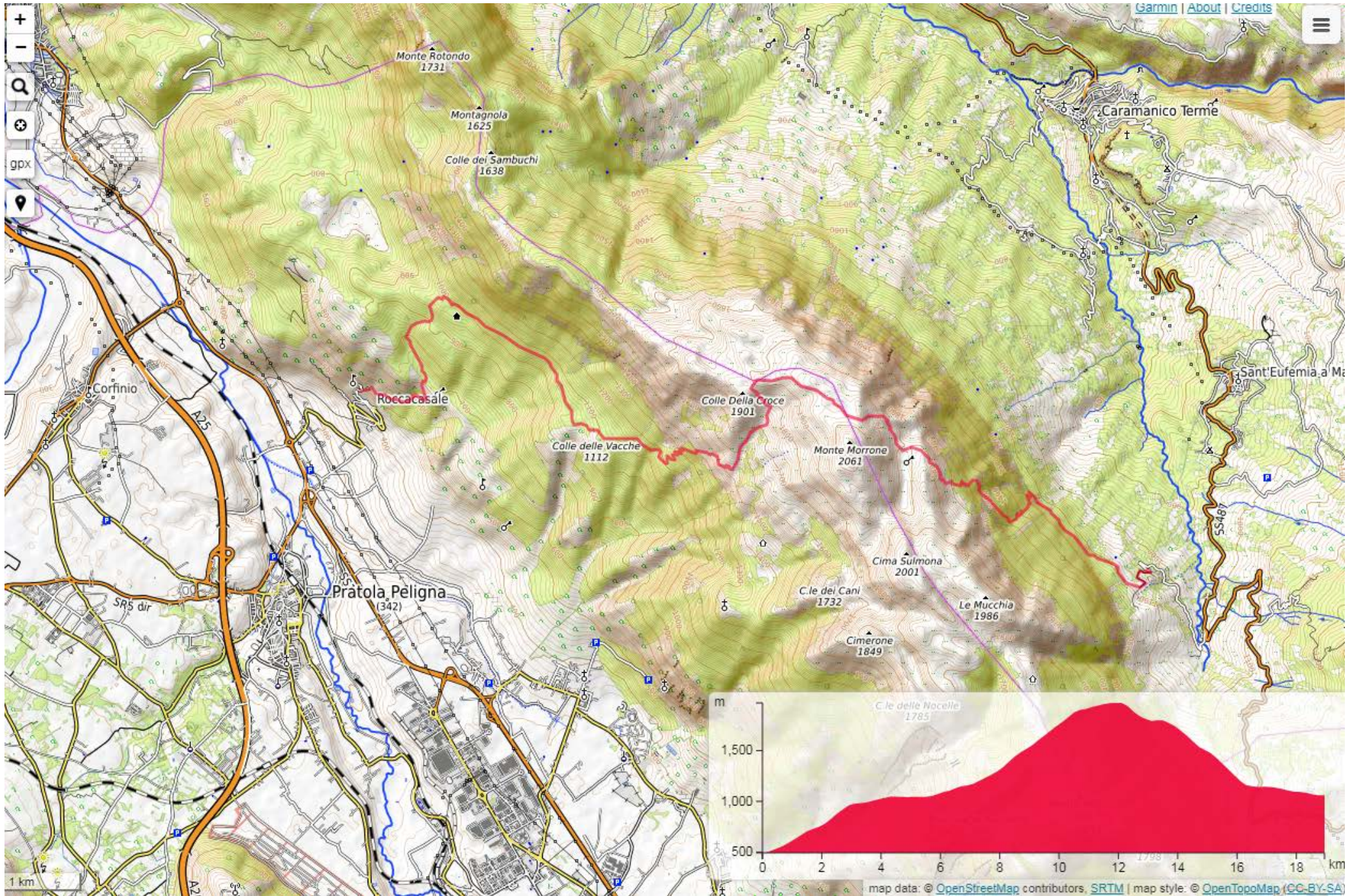
# Día 4(2): Castel del Monte - Barisciano 21kms +690/-1160m



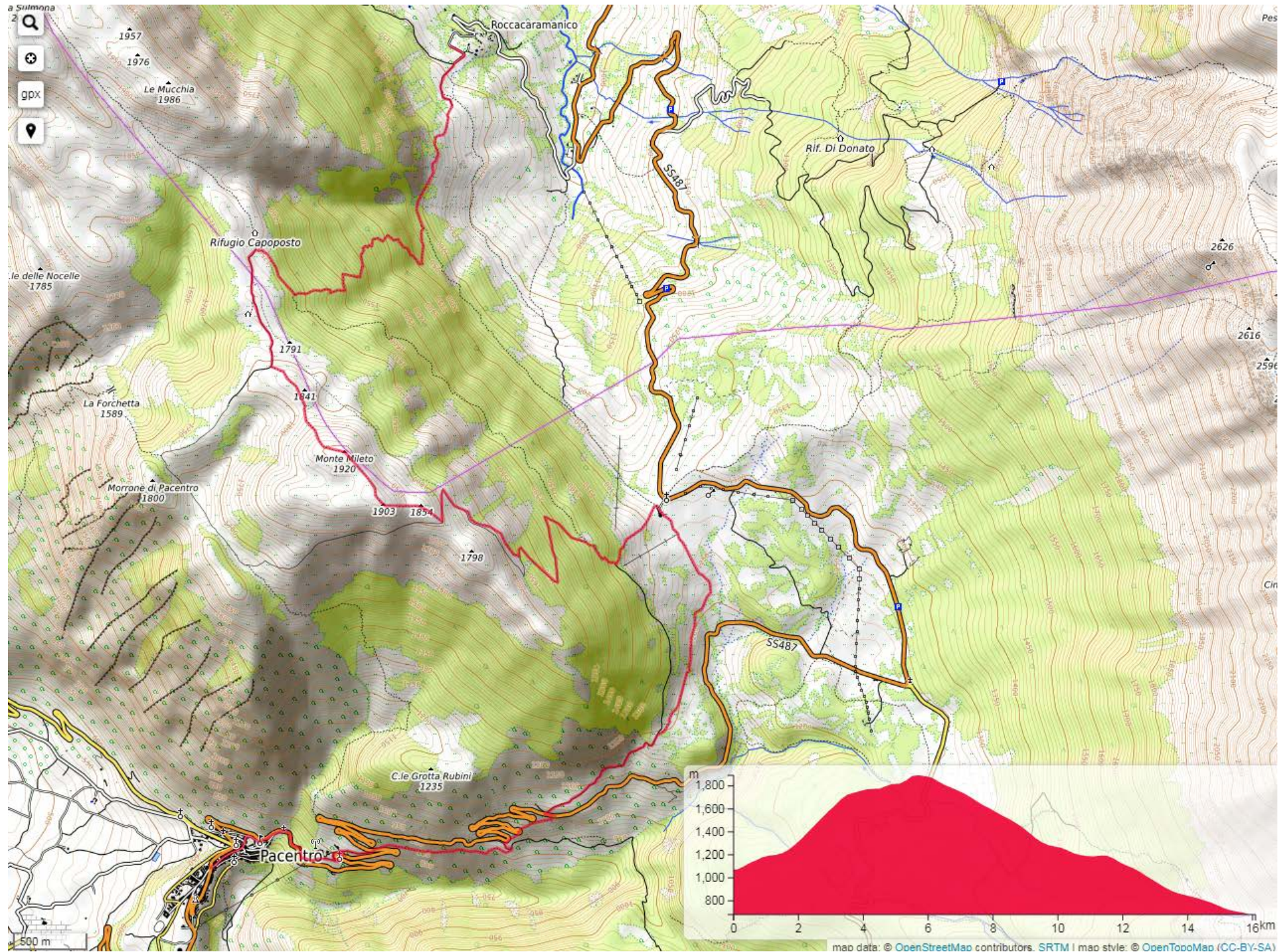
# Día 5 (1): Popoli - Roccacaramanico 25kms +1900/-1100m



# Día 5 (2): Roccacasale - Roccacaramanico 19kms +1520/-960m

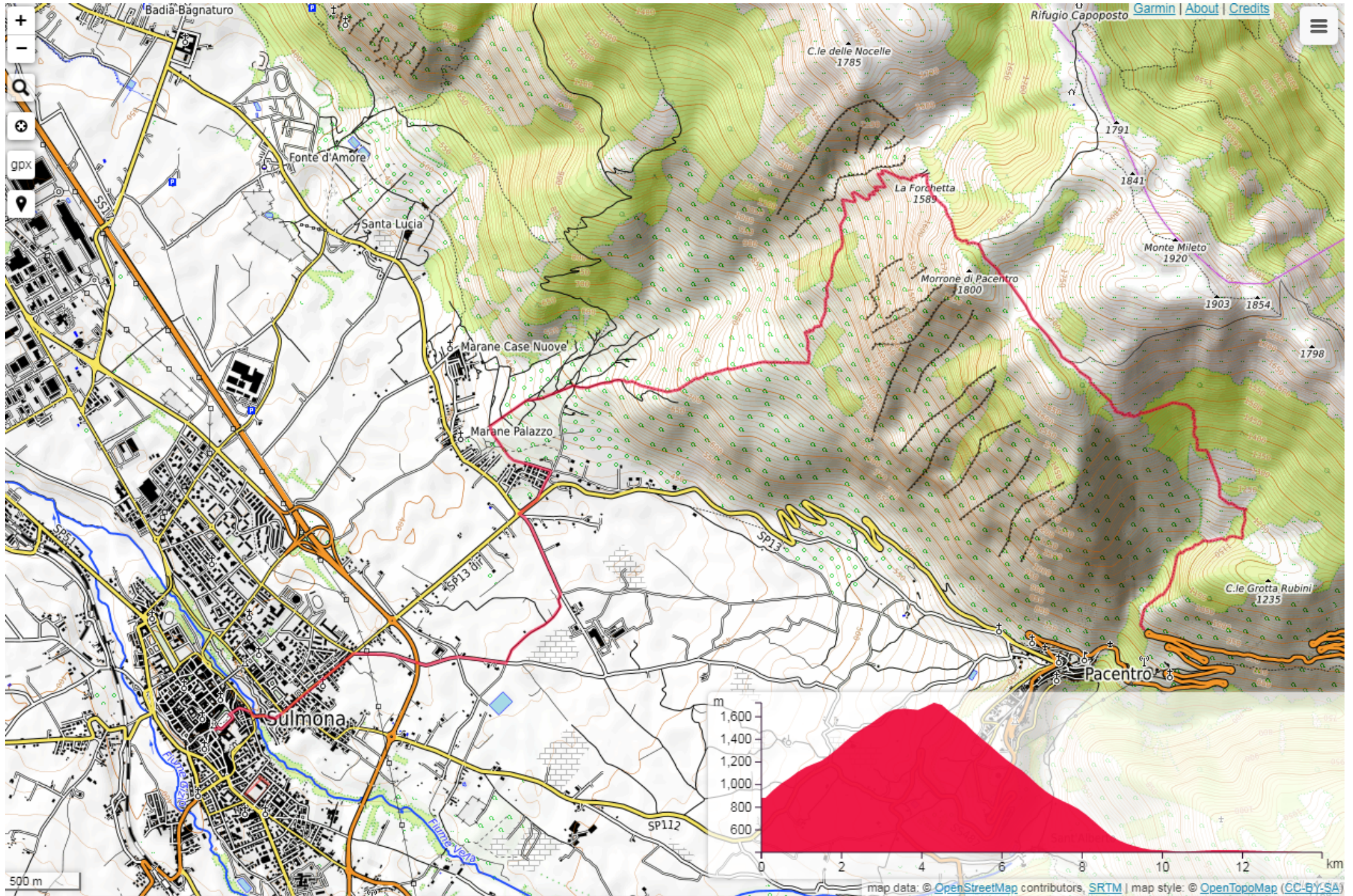


# Día 6: Roccacaramanico - Monte Mileto - Pacentro 16.5 kms +850/-1230m

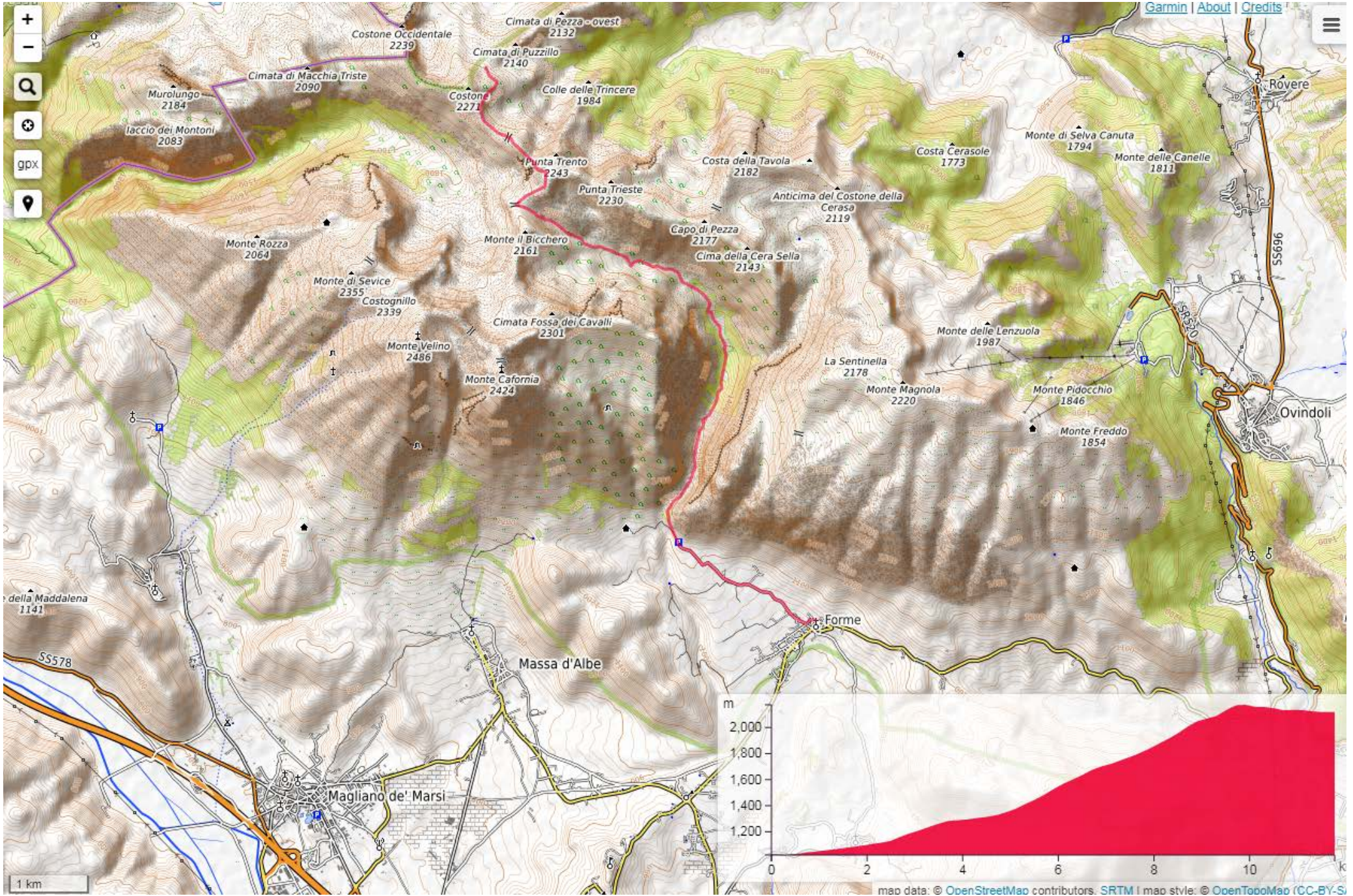




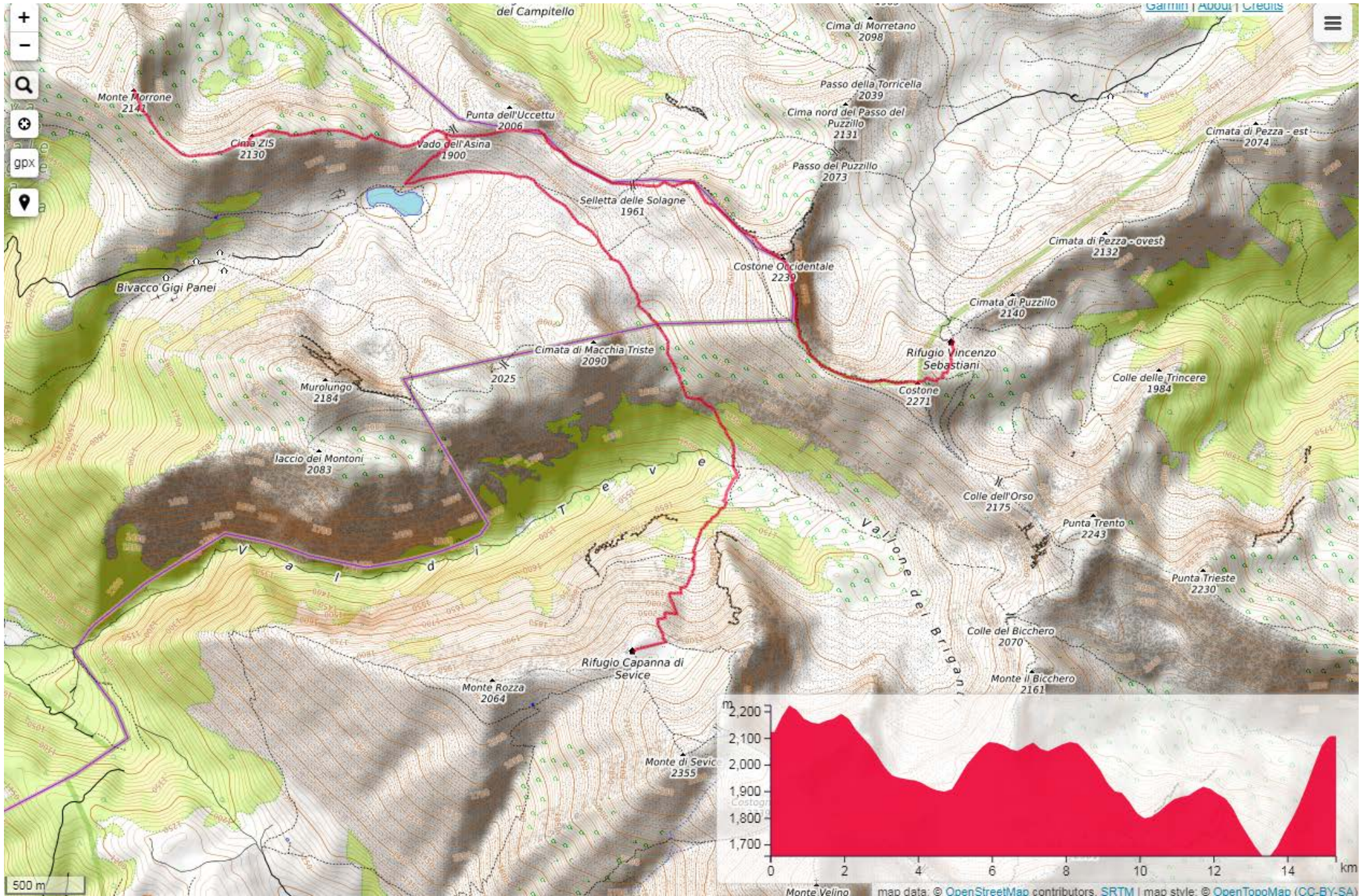
# Día 7: Pacentro - Sulmona 15 kms +1000/-1450m



# Día 8 (extensión): Forme a Refugio Vincenzo Sebastiani 12kms +1170/-100m



# Día 9 (extensión): Refugio Vincenzo Sebastiani a Rifugio Capanna di Sevice 15.5 kms +1020/-1010m



# Día 10 (extension) Rifugio Capanna di Sevice a Avezzano 22 kms +610/-2010m

